



AMBIENCE PUBLIC SCHOOL

Grade 1 Newsletter – July 2019

Theme of the month – “Eat Healthy, stay Healthy”

“You have brains in your head. You have feet in your shoes.
Steer yourself in any direction you choose.”



Dear Parents,

We welcome our young learners after a long break. Hope that you and your ward enjoyed the summer vacations which was filled with fun and memories with your loved ones.

This month we have the theme of “Eat healthy, stay healthy” in which children will learn about healthy eating habits, Importance of food and balanced diet, sources of food and also the consequences of unhealthy eating.

SETTLING

Recapitulation of rules and concepts

WELCOME ACTIVITY

- Children will draw their best memory of the summer vacation and share it with their peers.

Circle Time Activities

- Morning greetings
- Weather of the day and internal weather
- Sharing their stories of summer vacation
- Meditation
- Establishing table etiquettes
- Weekly Leader- line leader, cleaning leader, electricity monitor.

Vocabulary-

Home, rooms, stem, root, leaves, branch, flower, creeper, climber, shrub. Herb, seed, neighbor, kitchen, living room, bathroom, dining room, park, school, office, hospital, bank etc..

Add, Altogether, Equal, In All, Plus, Days Of The Week, Yesterday, Today And Tomorrow, Months

Conversational Skills

- Healthy eating habits
- Balanced diet
- Nutrition
- Effects of unhealthy eating
- Discussion on cats

Morning Prayers

- Meditation
- “My god is so big”

Songs

- Good morning song
- Thank you song
- Clean up song
- Winding up song
- Line up song

MATHS

Addition

- Making addition stories (story sums)
- Addition with number bonds
- Other methods of addition.
- Counting, reading and writing numbers

ENVIRONMENTAL STUDIES

INQUIRY 1 – What makes a family and home?

- My family – what is paternal and maternal?
- Understanding family size, relations and importance
- Differentiate between nuclear and joint family.
- Listening members of a family.
- Understanding the need for home
- Appreciating the family values

INQUIRY 2 – Where do fresh air comes from?

- Parts of a plant and their functions
- Types and Uses of a plant
- Importance of plants around us

INQUIRY 3 – Are humans and plants the only living things on earth?

- Animals, their eating habits, young ones and habitats.
- Types of animals
- Ways in which animals are useful

Skills

- Previewing and predicting.
- Making connections
- Critical thinking
- Comparing and contrasting
- Team work/collaboration
- Accountability

VALUE TALK

Bullying:

- Know what's up
- How does a Bully act
- Behind the Bully
- Spotting Red Flags
- Make a Move and Talk it Aloud

ENGLISH-

Reading, Speaking and Listening skills.

Phonics and Vocabulary –

Chapters:

- The Three Little Rabbits
- My Fluffy Cat
- Prose -Mr. Phil Falls ill

Skills

- Map reading
- Phonic focus- 'qw', 'll', 'ee'.
- Rhyming words
- Magic 'e' with 'a' and 'i'
- Grammar – Present continuous tense, Punctuation, Naming Words, Prepositions (Revisiting).

Writing Skill

- Guided writing
- Word building
- Completing the sentences by filling the blanks
- Simple Punctuation (Upper Case Letter and Full Stop) (Revisit)

HINDI –

- Recap do akshar, teen akshar wale shabd
- Samanlay shabd
- Vakya rachna
- Storytelling and retelling

LIBRARY-

- Introduction and implementation of story map.
- Love of Reading - Fitzroy Readers

COMPUTER-

Chapter2: Computer... A Machine

- Different types of machine
- Computer as a smart machine.

SPECIAL DAYS AND ACTIVITIES

- English Handwriting Activity
- EVS- Show and tell: topic- The family member I like the most
- Joy Of Reading
- Math – PIP
- Story telling

ART & CRAFT-

- Creating my folder
- Optical illusion
- Scratch art
- Independence Day activity

DANCE –

- Knowledge and practice
 - Dance forms of different states of India

MUSIC –

- Songs related to Independence Day

PHYSICAL EDUCATION-

- Badminton
- Skating
- Football
- Table Tennis
- Chess

- **Brain games** – educational board games

MINDFUL ACTIVITIES

- Mindful Breathing
- Mindful Poses
- Mindful Jar

life skills -

- Hand wash day
- How to lay a table
- How to fold apron and mat
- Hygiene habits
- How to chew food.
- Role Play on My Family